

Mental Health ATLAS 2017 Member State Profile

Panama

Total population (UN official estimate): ^a	3,969,249	Burden of mental disorders (WHO official estimates)	
WHO Region:	AMR	Disability-adjusted life years (per 100,000 population) ^c	3,020.55
Income group: ^b	Upper middle-income	Suicide mortality rate (per 100,000 population) ^d	4.3
Total mental health expenditure per person (reported currency)	Not reported		
Availability / status of mental health reporting	Not reported or not available		

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy / plan		Mental health legislation	
Stand-alone policy or plan for mental health: (Year of policy / plan):	Yes 2003	Stand-alone law for mental health: (Year of law):	No None or not reported
The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored	Yes	The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights	Exist and provides irregular inspections of facilities and partial enforcement of mental health legislation
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	None or not reported
Plan or strategy for child and/or adolescent mental health (Year of policy / plan):	Yes 2003		

Multisectoral Collaboration

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups	No
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RESOURCES FOR MENTAL HEALTH

Mental health financing		Mental health workforce (rate per 100'000 population)	
The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country	Yes	Psychiatrists	4.03
How the majority of persons with mental disorders pay for mental health services	Persons pay at least 20% towards the cost of mental health services / psychotropic medicines	Child psychiatrists	0.53
The government's total expenditure on mental health as % of total government health expenditure	None or not reported	Other specialist doctors	0.05
		Mental health nurses	3.45
		Psychologists	7.33
		Social workers	9.22
		Occupational therapists	None or not reported
		Speech therapists	None or not reported
		Other paid mental health workers	None or not reported

Human resources for mental health

Total number of mental health professionals (gov. and non-gov.)	977
Total mental health workers per 100,000 population	24.61
Total number of child psychiatrist (gov. and non-gov.)	21

In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)		Outpatient care (per 100,000 population)	
Mental health outpatient facilities attached to a hospital	None or not reported	Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital	None or not reported
"Community-based / non-hospital" mental health outpatient facility	103	Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility	None or not reported
Other outpatient facility (e.g. Mental health day care or treatment facility)	1	Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility)	None or not reported
	4	Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders)	None or not reported
Outpatient facility specifically for children and adolescents (including services for developmental disorders)	4	Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care)	None or not reported
Other outpatient services for children and adolescents (e.g. day care)	None or not reported		
Inpatient care (total facilities)		Inpatient care (per 100,000 population)	
Mental hospitals	1	Mental hospital beds / annual admissions	3.78 / 17.46
Psychiatric units in general hospitals	11	General hospital psychiatric unit beds / annual admissions	6.00 / None or not reported
Forensic inpatient units	None or not reported	Forensic inpatient unit beds / annual admissions	None or not reported / None or not reported
Residential care facilities	None or not reported	Residential care beds / annual admissions	None or not reported / None or not reported
	2	Child and adolescent specific inpatient beds / annual admissions	0.20 / None or not reported
Inpatient facility specifically for children and adolescents	2		
Mental hospitals		Mental hospitals (length of stay)	
Total number of inpatients	760	Inpatients staying less than 1 year	91%
Admissions that are involuntary	None or not reported	Inpatients staying 1-5 years	0.7%
		Inpatients staying more than 5 years	8.2%
Follow-up of people with mental disorder discharged from hospital in the last year	51%-75% of discharged inpatients received a follow-up outpatient visit within one month		
Treated prevalence (total cases)		Treated prevalence (per 100,000 population)	
Treated cases of severe mental disorder	6,430	Treated cases of severe mental disorder	162.00

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	No (or not reported)	Existence of a suicide prevention strategy [i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government]	Yes
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Programme examples	Category of programme	Scope of programme	Programme Management
Not reported	Not reported	Scope not reported	Programme Management not reported
Not reported	Not reported	Scope not reported	Programme Management not reported

^a UN World Population Prospects, 2015; <http://esa.un.org/unpd/wpp/>

^b World Bank Income Groups, 2016 (<http://databank.worldbank.org>)

^c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

^d WHO, 2018: World Health Statistics data visualisation dashboard; <http://apps.who.int/gho/data/>

Note: Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.